

5 QUESTIONS

to ask at your appointment
before you get any test,
treatment or medicine.



NEED? 1

Do I really need this test,
treatment or medicine?



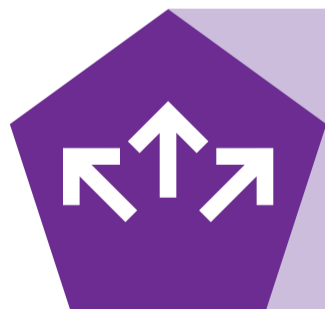
BENEFIT? 2

What are the benefits
to me?



RISK? 3

Are there any risks
or side effects?



CHANGE? 4

How can I improve my
condition or health?



IF I DON'T? 5

What will happen if
I don't do anything?

Please ask at reception for a card

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See over page

NHS
Lanarkshire



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